

# Psychological and pedagogical aspects of increasing the educational process efficiency in a university for specialists in the field of physical education and sport

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## Abstract

© 2018. The article presents theoretical integration and practical solution of the problem of increasing the efficiency of the educational process in a university for specialists in the field of physical education and sport by developing pedagogical proficiency in the process of professional training. Based on the conducted experimental study, the article provides a conclusion that developing pedagogical proficiency is possible only within personality-oriented education and mentoring, and subject-subject interaction between teacher, student and the environment. Organization of such education and interaction is conducted only in the presence of high level of self-awareness and motivation in a student - prospective specialist in the field of physical education and sport. The results of the study showed that, during the time of the developmental stage of the study, experimental group (EG) demonstrated changes in the distribution upon the levels of pedagogical proficiency development. The validity of the results of the conducted study is confirmed by the statistical methods.

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## Keywords

Criteria of pedagogical proficiency, Levels of pedagogical proficiency, Pedagogical proficiency

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