

Analysis of the risk-factors of cardio-vascular disease in Russia and its regions

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Abstract

© 2014 by the author(s). For the long time in the structure of the mortality reasons the dominant role belongs to the circulatory diseases, which are determine more than half of the deaths. At the same time, the situation differs in different countries and there are evidences that in most of the developed countries the rate of the deaths caused by cardio-vascular diseases is significantly lower than in Russia. It's necessary to organize further researches dedicated to the determination of the risk factors in Russia and its regions to determine the causes of deaths.

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Keywords

Alcoholization, Cardio-vascular diseases, Healthy life style, Mortality, Multidisciplinary approach, Population, Risk factors, Smoking