## Meta-methodological implementation of creativity in ecogeographical education disciplines

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## **Abstract**

Traditionally, learning is the result of explanatory and illustrative education methods. The process of retaining information is linked to the process of understanding, using creative methods. The difference between "knowing and "understanding" information lies within the ability to mentally structure and organize said information. In order to provide a high quality school education and implement creative learning strategies in subjects related to geography, biology, etc. it is imperative to bridge the gap between theoretical knowledge and creative exploration, which can be done by using meta methodological practices along with the learning systems already in place for these subjects.

## **Keywords**

Activity-based approach, Informative and reproductive learning approach, Meta-methodology, Physical and psycho-emotional "burnout" syndrome, The experience of creative activity