

Family upbringing styles and methods vs youth propensity for aggression

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Abstract

The study of the propensity of young people to react aggressively (readiness for aggression) is relevant because it affects everyone and is the cause of many disasters, crimes, and the growth of aggressive behavior of young people, which are reflected in the statistics of the Ministry of Internal Affairs. Scientists are trying to identify the reasons, factors contributing to the manifestation of aggressive forms of behavior among young people. However, no Russian research was found in which the influence of parenting practices (styles of education, methods of education) on the development of readiness for aggression among young people was studied in a comprehensive manner. The purpose of this research was to study the influence of family education practice on the development of readiness for aggression among young people. The experiment involved 237 people aged 18-24, who were randomly selected. Of these, 110 were girls and 127 were boys. All respondents were from complete families. The survey was carried out using the following methods: 'The interpersonal behaviors inventory', 'Retrospective inventory of child rearing practices', 'Retrospective questionnaire of parenting styles'. The authors identified what forms of readiness for aggression are expressed among Russian youth, as well as gender characteristics. Emotional-Impulsive Readiness was found for girls and Habitual-Cognitive Readiness for boys. Mothers are perceived by young people as being more democratic while fathers, in the opinion of their children, used more often authoritarian and liberal (dismissive) parenting styles. The results of the study showed that mothers most often used positive and punitive parenting methods. College-educated fathers used positive parenting methods. The results obtained will be of interest for specialists working with families.

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Keywords

Methods of upbringing, Parents, Readiness for aggression, Style of upbringing, Youth

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