

Correlation Cervical Myogenic Trigger Points and Equilibrium Function in Relevantly Healthy Individuals

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Abstract

© 2016, Springer Science+Business Media New York. Our research was conducted to evaluate correlation between cervical myogenic trigger points and disequilibrium. Two groups participated in the research: relevantly healthy and individuals with revealed cervical trigger points. Both groups were evaluated once and on equal terms. It is shown that force plate indexes correlate with cervical trigger points. For instance, it is shown that trigger points affect considerably balance function in the terms of Romberg test. Upper portion of trapezoids muscle have comparatively slight impact on individual's stability. Other cervical factor effects on balance are supposed.

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Keywords

Balance quality rate, Cervical vertigo, Disequilibrium, Myogenic trigger point