

The psychological features of personality protection under conditions of stress caused by forced isolation

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Abstract

© 2015, Canadian Center of Science and Education. All rights reserved. The aim of this article is to present a series of studies on coping with traumatic events in three different settings and groups. The leading approach to research the tendency toward pseudocompensation was more strongly expressed among women, which corresponds to previous data showing that women have a lower stress tolerance than men. The first group consisted of convicts serving sentences in special facilities, the second of chronically ill people, and the third of people experiencing chronic stress due to "conditional isolation". The control group consisted of psychologically healthy people. The results of this article presents suggest that adaptedness is an integral feature of personality. The content of this article can be used in psychological rehabilitation to apply a differentiated approach to those experiencing chronic stress associated with the partial or complete loss of freedom.

<http://dx.doi.org/10.5539/res.v7n1p101>

Keywords

Correlation analysis, Fear-complex, Isolation-related stressors, Pseudo compensation, Self-pity complex