

Intrapersonal gender role conflict of self-actualized personality

Shakirova G.

Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia

Abstract

The article offers analysis of different variants of intrapersonal gender role conflict in the context of restriction/improvement of personality's self-actualization potential. Originally this phenomenon was studied as family-work conflict. But modern knowledge allows to provide broadened vision of the essence and structure of this conflict. The results of the study can be applied to only married men and women with children. The conclusion is made that intrapersonal gender role conflict in case of women is manifested most strongly when it is not possible to realize gender roles in traditional "female" sphere, in case of men - when it is not possible to actualize the role of professional. Key moment is that when women try to solve the contradictions they avoid talking to friends, the men, on the contrary, - try to find support, compensation for inability to realize one of the roles-professional, for example-through successful fulfillment of other roles (for example, husband). © IDOSI Publications, 2014.

<http://dx.doi.org/10.5829/idosi.wasj.2014.30.04.14043>

Keywords

Intrapersonal gender role conflict, Self-actualization, Self-understanding, Well-being of men and women