

The development of self-care skills of children with severe mental retardation in the context of Lekoteka

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Abstract

There is a sufficiently large group of infant children with limited health abilities and special educational needs who cannot be included in the available educational programs due to the severity and complexity of the developmental disorders or behavioral disturbances resulted in social maladjustment. Severe mental retardation can be referred to such disorders. Children with severe mental retardation have essential disorders of cognitive processes, disorders of sensory and motor functions, thereof, the formation of specific social adaptation means is an important direction of work. Moreover, children with severe mental retardation require special individual-oriented approach including the development of self-dependence skills, optimization of parental-children interaction. We have elaborated the program aimed at the development of selfcare skills in the context of Lekoteka. The program is based on the system of step-by-step teaching. The advantage of the step-by-step system is that it allows to train a mentally retarded child with specific features of the development quickly and effectively to have a certain skill. © IDOSI Publications, 2014.

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Keywords

Children with disabilities, Mental retardation, Self-care skills, Special education