

The pumping function of the heart in athletic tourists during a PWC170 exercise

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Abstract

Changes in the pumping function of the heart (cardiac output) were studied in athletic tourists and untrained subjects during a PWC170 test. It was confirmed that regular training remarkably improves the pumping function of the heart. At rest and during the PWC170 test, the athletes exhibited more pronounced changes in the cardiac output than their untrained counterparts. © MAIK Nauka 2008.

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