

## About the origins of the tatars' "nauruz" festival

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### Abstract

© Serials Publications. The relevance of the researched problem is due to the importance of preserving the mentality of the Tatar people in the process of globalization. Important role is given to study of the origins and in the new environment to restore traditional, often half-forgotten holidays, such as the syncretic ritual calendar feast of Nauruz. Revealing of its origins and development provides a fuller and deeper view of other spiritual and social life areas of Tatars' and their ancestors, inseparably linked with calendar-ritual culture, mutual influences in the traditional cultures of other Nations. The leading method of problem study is complex and systemic approaches. They identified the main methods of the sources analysis, such as comparative-historical, historical-genetic, interpolation, etc. The author comes to the following main conclusions, that the penetration and diffusion of the Nauruz feast is the result of close trade and economic, cultural, religious relations with Eastern countries, primarily Central Asia. It becomes not only part of enlightened spiritual culture of the Turkic-Tatar community, but also traditional folk culture. The article can be useful for celebration events of the Nauruz feast.

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### Keywords

Bulgarians, History, Iran, Islam, Nauruz, Persian

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